

Cascade Bruin News

CASCADE HIGH SCHOOL NEWSLETTER

JANUARY 2018

VOLUME 1, ISSUE 5



From the Principal

Dear Cascade Families,

As the new year begins, I want to take an opportunity to celebrate the accomplishments of the last year as we look forward to continued growth and even greater success.

Graduation rates continue to rise as we prepare students for life beyond high school:

- 56% of this year's seniors have applied to college (including 4-year, 2-year, technical schools);
- Naviance allows students to explore careers, colleges, and post-high school pathways;
- In the last two years, we've added significantly to our STEM course offerings including Advanced Manufacturing, Engineering, AP Computer Science, and Robotics;
- More than 150 BECU volunteers engaged our juniors and seniors in a Financial Realities simulation in October. Students reported realizing the difficulties of making adult financial decisions: "Adulthood is hard!"

We have increased the focus on building community in our school, including at the classroom level:

- Staff members are intentionally greeting students at the doors of their classrooms to welcome them to the learning environment;
- Teachers have worked with students to co-create classroom norms, in alignment with our school-wide discipline policies;
- Classes are engaging in community building activities throughout the year, building trust among the learners.

We continue to increase ways for students to be involved beyond the classroom

- New clubs/organizations added in the last two years include Link Crew, Interact Club, Key Club, and Muslim Student Union;
- Increased opportunities in athletics include Soccer C teams, a growing girls wrestling program, and added cheer squad;
- Our 56th annual Cascade Food and Gift drive provided opportunities for our students to give back to the wider community and make a positive difference for over 170 families and many more who use local foodbanks.

We appreciate the support our families and community have provided and look forward to continuing to partner with you as we move into 2018!

A handwritten signature in black ink, appearing to read "Cathy Woods".

Cathy Woods
Principal

Cascade High School
801 Casino Road,
Everett, WA 98203
www.everettsd.org/cascadehs

Jan. 5

Learning Improvement Friday

Jan. 12

Learning Improvement Friday

Jan. 15

No School – MLK Day

Jan. 19

Learning Improvement Friday

Jan. 26

Learning Improvement Friday

Jan. 29

No School – Semester Break



CASCADE HIGH SCHOOL

Associated Student Body

Dear Cascade Students and Families,

Welcome back from winter break! I hope that everyone had a fun and safe vacation and lots of time to spend with family and friends. 2018 will be a busy, yet fun year as we approach finals, second semester, and AP testing.

Thank you to everyone who participated in the 56th annual CHS food drive. The yearly food drive has a huge impact on the community in and out of Cascade, filling many people with the joy of serving and being served and teaching Cascade students how rewarding it is to serve others. Thank you again, because working together to serve the community is a big part of what it means to be a Bruin.

For those interested in a student government position at CHS for the 2018-19 school year, applications are now available in the Activities Center in the cafeteria. ASB is an awesome opportunity for students to learn how to be a leader, get involved in improving Cascade, learn about what goes on behind the scenes at Cascade, and make many fun memories and an impact on Cascade High School. If any students have any questions about how ASB office works, feel free to ask Ms. Rogers or me any questions at any time!

While finals and ending the semester may get stressful, it is important to remember to stay doing what students love! If anyone is curious about joining or starting a club, feel free to stop by the activities center any time. Have a great end of first semester, and remember, **We Aren't Bruins Without U!**

Sincerely,
Connor Robinson
ASB President
Cascade High School



Cascade High School 56th Food Drive

WOO HOO! Cascade's 56th Food Drive has come to a close. Here are some stats from this year's food drive:

GIFTS: Over 1,897 gifts brought in for 463 children

51 classes brought in gifts
 25 classes had 20 or more gifts

Top Classes:

1. Wood - 233
2. Huizinga - 214
3. Cherniak - 150
4. Jensen - 122

MONEY: \$32,694

60 classes donated money, ranging from \$3.87 to \$1,786.68!
 3 classes brought in over \$1000
 37 classes brought in over \$100

Top Classes:

1. Royce - \$1786.68
2. Rickard - \$1527.14
3. Wood - \$1005



HUNGER BAGS: 2,059

This was new this year and was incredibly successful! Safeway delivered all of the items from the Hunger Bags sold by Cascade students on a giant semi-truck, which was over 22,649 food items! While Safeway couldn't always give accurate totals to students for their Hunger Bag shifts, they did give us all of the product sold during the two weeks of our food drive!

47 classes contributed Hunger Bags, ranging from 1 to 165
 39 classes contributed 10 or more Hunger Bags
 16 classes contributed 50+ Hunger Bags
 2 classes contributed 150+ Hunger Bags

Top Classes:

1. Nyberg - 160
2. Bertrand - 153
3. Nelson - 95

CANS: 82,203 (59,554 cans + 22,649 Hunger Bags items)

EVERY SINGLE CLASS brought in cans, ranging from 18.25 to 7453
 30 classes collected 500+ cans
 15 classes collected 1000+ cans
 5 classes brought in over 3000 cans

Top Classes:

1. Bowers - 7453
2. Rickard - 6592
3. Wood - 4227.25
4. Webster - 3402.25





CANNING:

Students canned at 11 different stores for over 1,1146 hours. If you consider that most students canned in pairs or groups of 2-3, the collective hours at the stores could be as high as 4584 hours -- that's 191 DAYS of CANNING!

OTHER AWESOME THINGS:

We were the recipients of several very generous donations from our community:

- SAFEWAY - Donated \$15,000 because we helped to promote Hunger Bags at their stores
- SAFEWAY - Loaned us 75 shopping carts and coordinated the order and delivery of over \$15,000+ of items that are guaranteed for each of our families, including: turkeys, toilet paper, paper towels, dish soap, stuffing, potatoes, onions, carrots, eggs, butter, bread, and more!
- ZUMIEZ Foundation- donated two huge pallets full of winter jackets, gloves and blankets
- Don, Jan and Megan Jensen donated 175 turkeys on behalf of the Brett Akio Jensen Memorial Scholarship fund
- EMERSON elementary students collected over 4,000 items and \$100 for our food drive! They would be ranked 4th on our leader board in cans! 13 students from Emerson came to deliver the food and helped to sort during shopping day.
- \$1,500 donation to students from Ms. Royce's class. Aly Gibson and Sarah Maxwell were so delightful when they were canning outside Silver Lake Safeway that customer Penny Coyne came to CHS to donate \$1,500 to their class! Penny donated in honor of her late husband.
- Silver Lake Dentistry as well as Dr. Shaw's office adopted families and provided extra food and gifts
- \$400 donation from People's Bank, on behalf of CHS alumni Tim Reading

SHOPPING DAY:

THANK YOU to everyone for boxing and sorting your cans in your classrooms. This year, we finished sorting just BEFORE 2pm - about an hour ahead last year, and 2-3 hours ahead of our norm! Thank you, thank you! Over 600 students, 30+ alumni, and numerous staff worked between 6:30am and 8:30pm to sort and box the food for 152 families, 40 of which are families of Cascade students.

Thank you to Mr. Hull, Ms. Hodgins, Ms. Belair, and Ms. Clark for bringing your students and your wisdom and energy to the sorting process during the day!

Thank you to Michelle Crews and Rhonda Covert for guiding students in organizing their food by car to prepare for deliveries. Thank you to Carole Woods and DaVena Clark for assisting students with selecting the best items for their families and helping prevent box packing disasters. Thank you to Trish Roberts, Leslie Sutin and Darcie Cooper for running the shopping process by handling the grocery carts and labeling boxes!

Thank you also to our BCP parents who served dinner to the students who worked until 8pm to accomplish this huge task!

WRAPPING DAY:

200+ students were involved in Wrapping Day where they wrapped all the gifts for our 463 children.

Thank you to Jill Jackson and Trish Roberts for coordinating the behind the scenes Giving Tree, as well as Dave Roberts, Jodi Worthington, Amalia Pimenta, Katie Johnson, Heather Coon, Stacey Cole, Taylor Calderon, and others for helping in the library to get this amazing task accomplished!

We had extra gifts from Giving Tree this year, and here is where they went:

- Sequoia High School's daycare received several bags of gifts for baby-age 4. Teen moms will be able to select gifts for their children from our donations.
- Extra jackets went to Sequoia High school to hand out to students at their coat drive
- Toiletries were added to the CHS clothing closet



- Coats and socks were handed out Wednesday night at their ‘Dinner at the Bell’ in North Everett. This event is attended by many in our community who need a hot meal and warm clothes.
- VOA received several large bags of coats and gifts
- Christmas House received gifts

DELIVERY DAY:

130 students, 5 staff members, and about 30 alumni departed in ~45 vehicles to deliver food to our 153 families. We had the gym cleaned and swept by 1pm and we successfully delivered to 100% of our families! (Sometimes families aren’t home and we have to donate their baskets to VOA.. but this year, we delivered to 100%!)

Thank you to Ron Hicks and Mr. Bennett for pulling the vans full of turkeys, eggs and butter out of the cold auto shop at 6:30am so we could distribute them to our families, and Mr. Smith for letting us use his space.

Thank you to Ron Hicks for driving 4 “solo rider” Cascade students around so they could participate in deliveries.

Thank you to Michelle Crews for ensuring the right boxes get delivered to the right homes, Jodi Worthington for manning the Safeway aisle, Jill Jackson for making sure gifts made it to the right families, and Darcie Cooper, the queen of food drive, for helping get our alumni and special-timing deliveries handled just right and for contacting all the families to make sure they will be home for deliveries. And a HUGE thank you to all of our office staff for handling the subs and increase in phone calls that occur during the food drive!

ADDITIONALLY, Cascade contributed:

- 13,629 pounds of food to Volunteers of America.
- 5,817 pounds of food to the Mill Creek Community Food Bank
- Food and gifts to YWCA, Salt of the Earth food bank and the Everett Gospel Mission
- Vans full of food to Garfield elementary to start their food basket program
- Food to Emerson elementary and the CHS food pantries.

Thank you everyone at Cascade for supporting the food drive! We aren’t able to do this without everyone here. What a success! **GO BRUINS!**





HIGH SCHOOL FINALS SCHEDULE 1st SEMESTER 2017-2018

Day One Wednesday, January 24 (Lunch based on 5th period class)	
1 st Bell	7:25
1 st	7:30–8:30
2 nd FINAL	8:35–10:30
1 st Lunch 10:35–11:05	5 th 10:35–11:30
5 th 11:10–12:05	2 nd Lunch 11:35–12:05
6 th FINAL	12:10–2:05
Buses Depart	2:12

Day Two Thursday, January 25 (Lunch based on 4th period class)	
1 st Bell	7:25
3 rd	7:30–8:30
1 st FINAL	8:35–10:30
1 st Lunch 10:35–11:05	4 th 10:35–11:30
4 th 11:10–12:05	2 nd Lunch 11:35–12:05
5 th FINAL	12:10–2:05
Buses Depart	2:12

Day Three Friday, January 26 (Lunch based on 4th period class)	
1 st Bell	7:25
2 nd	7:30–7:50
3 rd FINAL	7:55–9:50
6 th	9:55–10:15
1 st Lunch 10:20–10:50	4 th FINAL 10:20–12:15
4 th FINAL 10:55–12:50	2 nd Lunch 12:20–12:50
Buses Depart	12:57



Class of 2018 Timeline

~ March ~

5 ~ Grad Ads due for yearbook

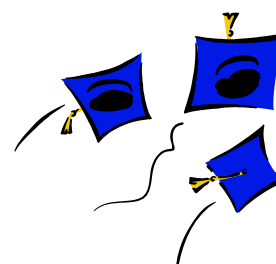
~ APRIL ~

20 ~ Graduation Announcement Delivery (Lunches)

~ MAY ~

1 ~ Mandatory Senior Meeting - Cafeteria - 9:19 am

24 ~ Scholarship/Awards Night - Cafeteria @ 7:00 p.m.



~ JUNE ~

2 ~ Senior Ball - Nile Golf & Country Club

5 ~ Senior Tea - 3:00 pm

11 & 12 ~ Senior Finals

14 ~ Graduation Practice & Cap & Gown Distribution

15 ~ Graduation Practice & Jubilation

16 ~ Class of 2018 Graduation @ Noon & Senior Celebration

Dates and times are subject change!



January is School Board Appreciation Month



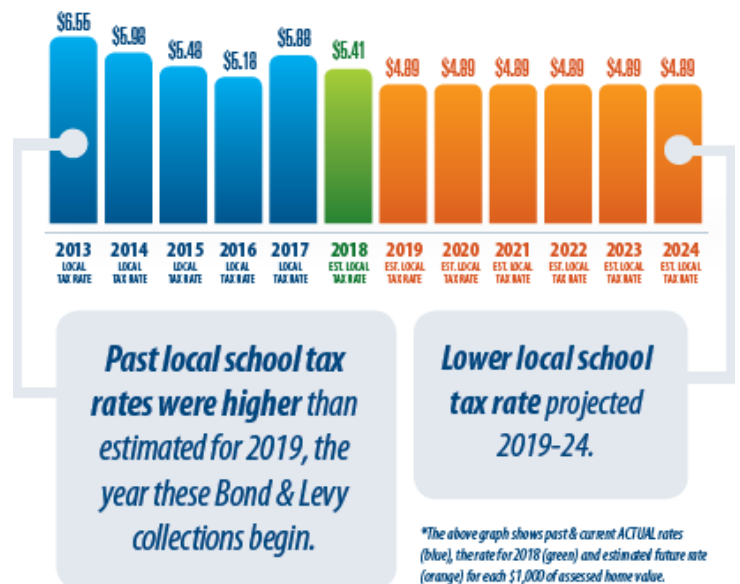
The month of January marks the annual observance of School Board Recognition – a time to salute the work of school board members and celebrate public education. This year, they were named a Board of Distinction. You can learn more about [board members online](#).

Smarter Balanced Assessments

Because Smarter Balanced Assessments are such an important topic for families, the link to everything you ever wanted to know about these tests is in the Quicklinks section on the district home page.

2018 Capital Bond and Replacement Levy

The school board voted to propose a Capital Bond to meet future readiness needs and a Replacement Levy to replace the expiring one. If voters approve both the Capital Bond and Replacement Educational Programs and Operations Levy on Feb. 13, 2018, tax collections to complete those projects begin in 2019. That year the local school tax rate is projected to be \$4.89 per each \$1,000 of property value. That rate is the lowest local school tax rate for property owners in the district since 2013. Find more information on the [district website](#).



Support for students in temporary or inadequate housing

If your family is in a temporary or inadequate living situation due to a loss of housing or a family crisis, your child may be eligible for certain educational rights and services. If you lost your housing and now live in a shelter, motel, vehicle, camping ground, temporary trailer, on the street, doubled up with family or friends, or in another type of temporary or inadequate housing, your child might be able to receive help through a federal law called the McKinney-Vento Act. The McKinney-Vento Act may be able to provide support through transportation so that your child can continue enrolled in school, or through access to programs and services so that your child can participate fully in school.

Please contact your child’s counselor or Amy Perusse, McKinney-Vento Facilitator, aperusse@everettsd.org, 425-385-4032, for more information.



Kindergarten registration begins in March

Do you have a child who will be 5 years old by Aug. 31, 2018? Registration begins on March 5, 2018, at all 17 district elementary schools. Which school will your kindergartner attend? To find out, click on *School and Route Finder* under the *Parents* tab, or call the transportation office at 425-385-4144.

Mobile app

Have you downloaded the mobile app yet? The latest news and information from schools in Everett Public Schools is now available on smartphones and mobile devices with a new mobile app. Everett Public Schools is expanding its communications outreach with a free mobile app that is now available in the online iTunes® and Google Play® app stores.



3900 Broadway
 Everett, WA 98201
 425-385-4000
www.everettsd.org

Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Affirmative Action Office – Carol Stolz, cstolz@everettsd.org, 425-385-4106
- Title IX Officer – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104
- 504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063